

60 WAYS TO BUILD COMMUNITY

1. Go outside.
2. Say hello to people on the street.
3. Smile at strangers.
4. Make friends with your neighbours.
5. Plant a community garden.
6. Have a party.
7. Visit your local library.
8. Get involved with projects that inspire you.
9. Have friends of all colours, beliefs & abilities.
10. Respect elders.
11. Remember your ancestors.
12. Support community events.
13. Host a community event.
14. Plan a block party.
15. Have potlucks.
16. Share your knowledge.
17. Learn from others.
18. Read books with your children.
19. Talk about & celebrate diversity.
20. Ask questions.
21. Offer answers.
22. Notice problems then find solutions.
23. Pick up garbage.
24. Keep your local park clean.
25. Barter and trade.
26. Shop local & seasonally.
27. Support indie artists & handmade culture.
28. Connect with the producers of the things you consume.
29. Buy food at Farmer's Markets.
30. Find farms and go visit them
31. Pick your own fruit.
32. Make pies and give them away.
33. Have other children over and make something beautiful.
34. Spend time at your local school or community centre.
35. Help out a new mama.
36. Take someone's kids for the day-we can all use a day off.
37. Hire a local youth to do odd jobs.
38. Give your seat to elders, pregnant women and small children.
39. Pick flowers. Bring the bouquet to someone sad.
40. Invite a friend to tea.
41. Tell people why you appreciate them.
42. Give thanks often.
43. Ask for help when you need it.
44. Organize a work party.
45. Help carry someone's groceries.
46. Offer a ride or a place to stay.
47. Know the names of the people you see every day.
48. Ask them about their lives.
49. Really listen.
50. Care about people's stories.
51. Share what you have.
52. Resolve conflicts.
53. Don't turn away from suffering.
54. Volunteer at a local shelter, hospital or hospice.
55. Step in even if it makes you uncomfortable.
56. Speak up.
57. Be cheerful but honest.
58. Give lots of hugs.
59. Never forget how important you are & how much your community needs you.
60. Just be there.
61. How do you build community?