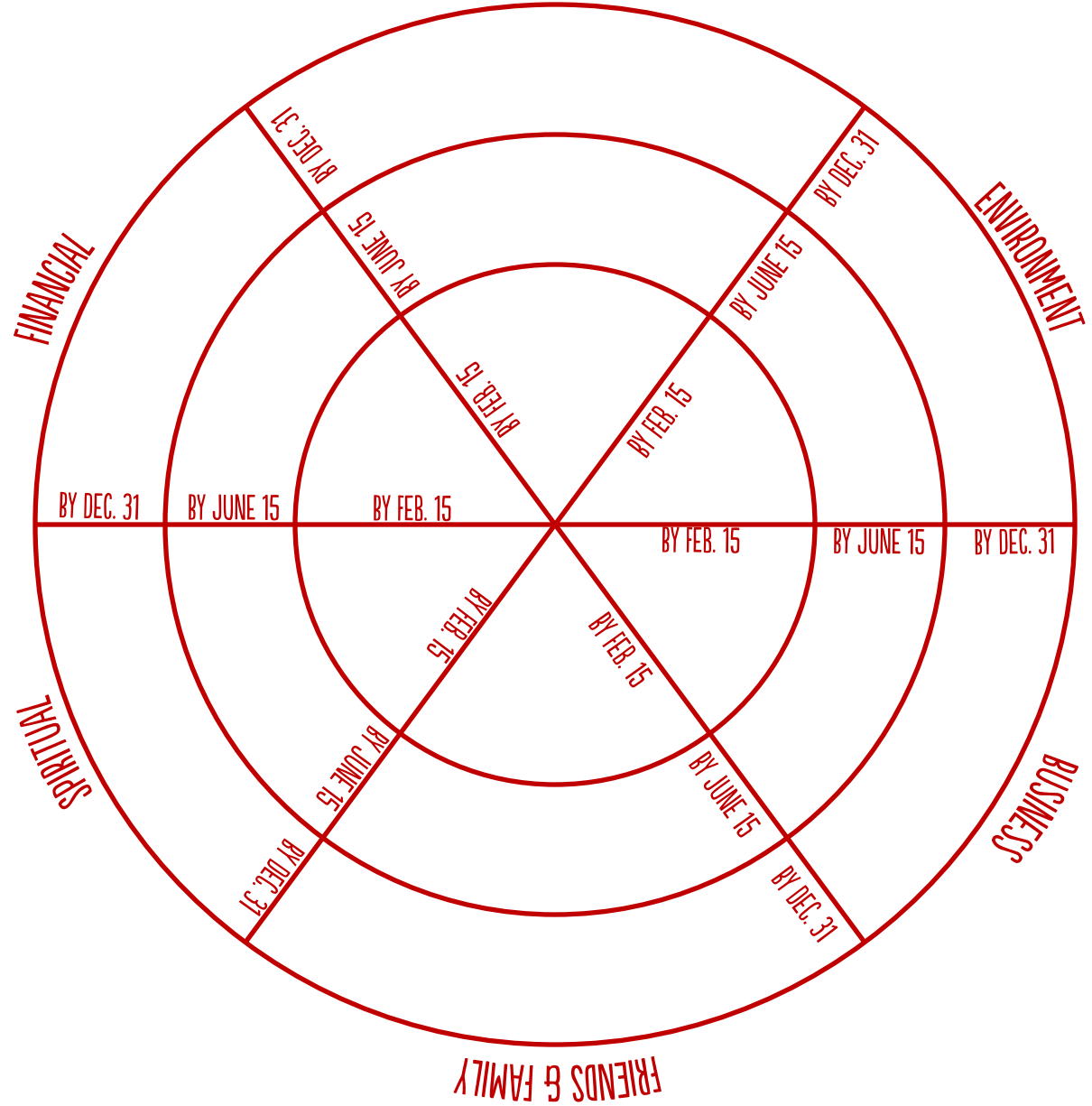




# 2013 GOAL MANDALA

HEALTH



AT THE END OF 2013, I WANT TO FEEL...

THIS YEAR I VOW TO...

THIS YEAR I REFUSE TO...